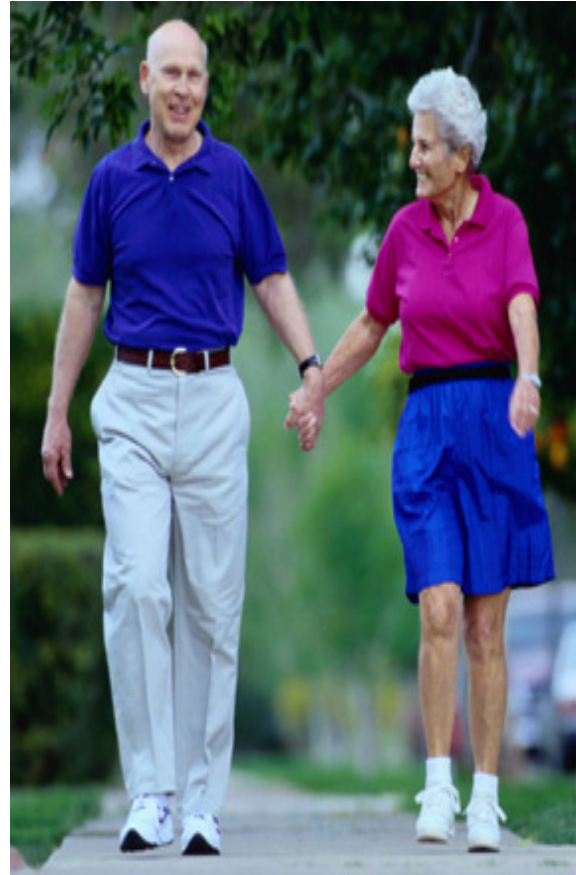


Aging and Living Well

As part of our Wellness Program we are offering our second information session. This program is offered in partnership with the Laurentian Women's Institute.

Mobile Geriatric Hospital Team will present information on:

- ◆ **20 top tips for aging and living well**
- ◆ **How to prevent falls and injury**
- ◆ **Lifeline and community supports**



Date: June 1, 2010

Time: 6:30–8:00 pm (light lunch provided)

Location: Cobden Municipal Hall, 44 Main Street

**Guest Speakers: Dr. Jenn Becker
Erika Sykora, Physiotherapist
Kim Canning, Occupational Therapist**



Another Community Program from
Whitewater Bromley Community Health Centre Satellite



Every One Matters.